

Dear Friends of Epilepsy Florida,

With National Epilepsy Awareness Month upon us, our goal is to raise much-needed awareness and support for the 426,000 Floridians and their families affected by the disorder. With that in mind, Epilepsy Florida will be hosting a series of statewide events throughout the months of November and December to champion the cause. From client and family-focused dinners and lunch to a keto-inspired happy hour to a symposium dedicated to seizure first aid and safety, we hope you can join us! More information on each of these events is provided below, including a special section highlighting our keto-inspired tasting event, "Chefs Cook Keto," with celebrity chef Jeremiah Bullfrog in Miami.

I'd be remiss if I didn't congratulate our Naples office on its ninth annual Walk the Talk for Epilepsy, held this past weekend. Its success is a direct result of the support of many sponsors, partners, staff, and the hundreds of area individuals and families that participated to walk in unity in support of those affected by epilepsy.

Now, and always, it's because of your support that we're able to increase epilepsy education and understanding within our communities, eliminate stigma, and empower those affected by the disorder. Thank you for helping us meet the needs of those who need it most.



Sincerely,

Karen Basha Egozi
President & CEO
Epilepsy Florida

You're Invited: Chefs Cook Keto



Join Epilepsy Florida and celebrity chef Jeremiah Bullfrog as we host Chefs Cook Keto on Wednesday, Dec. 11 from 6 to 9 p.m. at CVLTVRA Restaurant in Miami!

As one of the longest-standing treatments and a mode of therapy for epilepsy, the ketogenic diet will be the focus of the event which will feature a keto-friendly food tasting designed to demonstrate the diversity and creativity of the diet through dishes prepared by several special guest chefs.

Chef Jeremiah Bullfrog is a Miami-based television personality, chef, and food truck pioneer. A chef to the rich and famous, including Rick Ross, he has appeared on numerous Food Network shows, including "Chopped" and "Beat Bobby Flay." In addition to Chef Jeremiah Bullfrog, special guest chefs participating in the event include: Norman Van Aken, Norman's; Brandon Baltzley, Buffalo Jump; Fabian Dipaolo, CVLTVRA Restaurant; Kurtis Jantz, Armani Casa; Sasha Ariel, Madrugá Bakery; and James Strine, Trophy Room.

Don't miss out – [register today!](#)

That's a Wrap, Naples!



Our Naples Epilepsy Resource Center successfully hosted its ninth annual Naples Walk the Talk for Epilepsy this past Saturday, Nov. 2 at North Collier Regional Park in Naples. Thank you to the entire team, all sponsors, partners, and participants on a job well done!

Thank you, also, to the Naples Daily News for featuring the event in last week's paper! [Check out the story here.](#)

Thank You, From the Wonderful Land of Oz

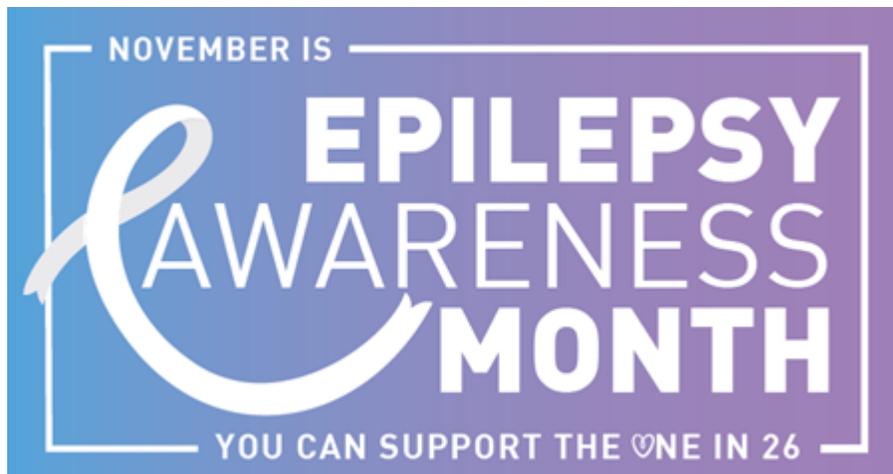
On behalf of hosts Gerald and Beth Alcalde and Richard and Mary Rose Bressman, and the entire Epilepsy Florida team, thank you for your enthusiasm, creativity, and contributions to our Wizard of Oz event that took place in Indiantown on Oct. 26.

We will long remember our special time in the Land of Oz with you!

Photo credit: Venzara Creative



You Can Support the One in 26



Did you know one in 26 people will be diagnosed with epilepsy at some point in their life?

It's a disorder more people live with than autism, Parkinson's disease, multiple sclerosis, and cerebral palsy – combined. In fact, the family of epilepsy diseases is the fourth-most prevalent neurological condition in the United States, striking approximately three million people nationally and 426,000 in the state of Florida.

This November, during National Epilepsy Awareness Month, Epilepsy Florida is working to increase awareness about epilepsy to help support the thousands of Floridians and their families affected by it. Please help support those living with this disorder simply by talking about it. This will increase epilepsy education and understanding within our communities, therefore eliminating stigma and empowering those who are affected by it.

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EVERYONE WINS.

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Celebrate Your Birthday by Giving Back!



Did you know you can dedicate your birthday to support a cause, like Epilepsy Florida, on Facebook?

Two weeks before your birthday, you will automatically see a message from Facebook in your newsfeed giving the option to create a fundraiser for your birthday. You can create a fundraiser for many U.S. nonprofits – including Epilepsy Florida! Once the fundraiser has been created, your friends will receive a notification inviting them to support the cause in honor of your special day.

[Learn more](#) about how you can make your birthday even more meaningful!

Clayton Feig Legacy Fund – Faces of Epilepsy

Colton Hepler is a 17-year-old and lives in Naples, FL. He attends Gulf Coast High School where he competes in Varsity football and Varsity lacrosse. He is in his senior year and is pursuing his opportunities to play college lacrosse and attend a university here in Florida. He enjoys hunting, fishing, and spending time with his friends and family. He currently works at Sprouts and helps coach youth in his spare time.

He has lived with epilepsy since the age of five, when



he received his first diagnosis of complex partial seizures. He did well on medication until hitting puberty, when the medication then had a difficult time controlling his seizures. In 2016, Colton was referred to the Brain Institute of Miami at Miami Children's Hospital where he had a temporal lobe resection in April of 2017. Although we did not get the "home run" we wanted, with no seizures and no medications, he is doing much better than before surgery. Surgery has allowed him to live a functional life.

Colton believes that epilepsy doesn't define him. He believes that God gives him the strength to live with epilepsy. Epilepsy is something you have, not who you are.



Upcoming Events





SUPPORT EPILEPSY FLORIDA

No one can prepare for a seizure as it can happen at the most unexpected time. There are currently more than 426,000 individuals who suffer from epilepsy across Florida with more than 93,720 of those sufferers being children. Prevention and education can better prepare those impacted by the disease. Epilepsy Florida is here to help provide services and resources to those needing it most, and to those seeking more information.

Epilepsy Florida offers extensive and supportive services and programs to individuals, families, friends, and the community at large, including:

- Educational presentations
- Current epilepsy resources and information
- Medical services
- Support groups
- Sponsorship & Volunteer Opportunities
- Summer Camp
- Patient Navigation
- So much more!

To become a client and for more information about the organization, the individuals it serves, and the resources provided to those in need, visit www.EpilepsyFL.com or call 1-877-553-7453.

Make a Donation

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EPILEPSY CARE.

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See if NeuroPace is right for you.

It's **Everyday Extraordinary** care from Memorial Neuroscience Institute.

 **Memorial**
Neuroscience Institute

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